



MI RIDE FOR RED

Timothy Bunch
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RE: Registration form for Riders

Each rider is responsible for his/her own safety, health and welfare. The American Red Cross, Secure Start Inspections or the Event coordinator will NOT be responsible for insuring the individuals' safety, or for providing insurance in the event of any health or safety related incidents. This is a ride at your own risk event.

Support personnel will have cell phones, it is recommended for riders to bring one also. Phone numbers for the support groups will be given out at check in on ride day. Support personnel will also have snacks and bottled water at the designated stopping points, riders are encouraged to bring along their own snacks/drinks if they prefer a specific item.

If you are unsure of your health, consult your doctor before taking part in any stressful exercise like the "MI Ride For Red" bike ride. If you have any questions about safe riding or the condition of your equipment, please email or call the event coordinator well before race day. A brief safety lecture and a map will be provided at check in on ride day. A registration fee of \$25.00 is required, checks are made payable to Tim Bunch. Registration deadline is June 1, 2009.

_____	_____
Signed – Rider	Phone
_____	_____
Printed name	Email Address

Emergency Contact name and number	

<u>Shirt:</u>	Male	Female	Small	Medium	Large	X-Large
<u>Food Preference:</u>	Hot Dogs		Hamburgers		Bratwurst	Vegetarian
<u>\$25.00 Registration fee included with this form (payable to Tim Bunch):</u>					Yes	No